





Do your suitcase a favour and post them home.



WILD ATLANTIC WAY PASSPORT

Planning a visit to the Wild Atlantic Way? Then you're in for a treat! This 2,500km stretch of glorious rugged coast along the west of Ireland is home to soaring mountains, jutting headlands, breath-taking cliff faces and lush green forests. Whether you're seeking an epic adventure or a remote, tranquil getaway, you'll find it here, on the world's longest defined coastal touring route.

What's more, you can now pick up your very own Wild Atlantic Way passport; a unique souvenir of your completed journey along this exceptional route. Not only is it a genuine passport to paradise, it also gives you the chance to meet locals in the many towns and villages dotted along this winding coastline. After a quick chat you'll soon have insider knowledge on incredible local hidden gems - not to mention where to stop for your next picnic or coastal panorama.

There's a reward when you complete your passport too - you'll receive your Wild Atlantic Way certificate!

A Stamp for Every Memory Your passport will serve as a life-long memento of your travels

along this astonishing 2,500km length of coast, and also enables you to obtain your 'Wild Atlantic Way Certificate', the official record of your journey. Each beautifully designed passport has its own individual number, so it's completely unique to you and your visit. And as you make your way along this inspiring stretch of coast, you can get it stamped at a host of scenic spots.

There are 188 Discovery Points peppering the route, from the wild Donegal headlands in the north, right down to the picturesque peninsulas of Kerry and Cork, and each one has its own individual stamp. Simply call into the Post Offices or Tourist Information Offices in the towns and villages adjacent to each Discovery Point, and staff there will be happy to stamp your passport.

d it gets better! The route is divided up into six zones, and once you've gathered your first 20 stamps you can call to any o the Tourist Information Offices listed to receive a special Wild Atlantic Way gift. If you've missed a stamp while in a zone just call to the main Post Office or Tourist Information Offices in that zone to collect it. And don't worry about trying to fit all 188 Discovery Points into your trip; you can keep adding stamps to your passport every time you visit.

Purchase your passport at any Fáilte Ireland Tourist
Information Office along the Wild Atlantic Way and at any Post Office in counties Donegal, Leitrim, Sligo, Mayo, Galway, Clare, Kerry and Cork at a cost of €10. Passports are also available in Dublin at the General Post Office on O'Connell Street and at St. Andrew Street Post Office.

See www.wildatlanticway.com/passport for more information.

Call to any of the Tourist Information Offices listed below for local information, advice & guidance. You can purchase your Wild Atlantic Way passport and collect Passport stamps at the selected offices marked below.

Northern Headlands Letterkenny Tourist Office *** Neil T. Blaney Road, Letterkenny,

Co Donegal **Dungloe Community Tourist Office**

Ionad Tempeall Chroine, Chapel Road, Dungloe, Co Donegal

Donegal Discover Ireland Centre The Quay, Donegal Town, Co Donegal

Bundoran Community Tourist Office The Bridge, Bundoran, Co Donegal

Sligo Tourist Office *** O'Connell Street, Sligo Town, Co Sligo

Ballina Community Tourist Office 44 Pearse Street, Ballina, Co Mayo

Belmullet Community Tourist Office Main Street, Belmullet, Co Mayo

Bay Coast

Newport Community Tourist Office * Georges Street, Newport, Co Mayo

Westport Discover Ireland Centre *** Bridge Street, Westport, Co Mayo

Clifden Tourist Office * Galway Road, Clifden, Co Galway

Aran Tourist Office *** Kilronan, Inis Mór, Co Galway

Galway Discover Ireland Centre Aras Failte, Forster Street, Galway City, Heritage Centre, Kenmare, Co Kerry Co Galway

Cliff Coast Ennis Tourist Office *** Arthur's Row, Ennis, Co Clare

Limerick Tourist Office *** 20 O'Connell Street, Limerick City, Co Limerick

Listowel Community Tourist Office * Kerry Literary & Cultural Centre, Listowel, Co Kerry

Tralee Tourist Office *** Denny Street, Tralee, Co Kerry

Southern Peninsulas

Dingle Tourist Office *** The Quay, Dingle, Co Kerry

Killarney Discover Ireland Centre *** Beech Road, Killarney, Co Kerry

Valentia Island Community Tourist Office No 2 Watch House Cottages, Knightstown, Valentia Island, Co Kerry

Kenmare Tourist Office *

Bantry Community Tourist Office * The Square, Bantry, Co Cork

Haven Coast

Skibbereen Community Tourist Office * North Street, Skibbereen, Co Kerry

Clonakilty Tourist Office *** Ashe Street, Clonakilty, Co Cork

Kinsale Tourist Office *** Pier Road, Kinsale, Co Cork

Cork Tourist Office *** Grand Parade, Cork City, Co Cork

Get your Passport & stamps here! seasonal office

THE WILD ATLANTIC WAY - A journey of a lifetime

Wherever you go along the Wild Atlantic Way, you will encounter moments of magic, moments to treasure and experiences that you will want to return to again and again.

Explore our Islands

Experience the awesome power, beauty and wonder of the Wild Atlantic Way up close and personal with a visit to some of the hundreds of islands scattered off the West coast. White sandy beaches, towering cliff faces, turquoise seas, history, heritage and culture all abound along the Wild Atlantic Way and nowhere more so than on the islands. The isolation of island life fosters a unique way of life with the environment having its own impact on its people, landscape, culture and tradition. On each island you'll experience unique characteristics, as if each is an individual nation.

The journeys to reach the islands of Ireland are as much a part of the experience and adventure as the islands themselves. For some you drive across impressive causeways and bridges, or for Dursey Island board a cable car, but for most it is the island ferries that will bring you to your chosen island escape.

Lighthouses

For hundreds of years lighthouses have helped seafarers find their way. Now they shine their light on a truly unique experience around the stunning coastline of Ireland. Great Lighthouses of Ireland, is a new all-island tourism initiative, developed by the Commissioners of Irish Lights. Featuring lighthouses in breath taking coastal locations, the Light houses on the Wild Atlantic Way offers visitors from home and abroad the chance to visit or stay in a lighthouse, to find out about their history, to appreciate the spectacular natural world around them, to discover the technology at work in lighthouses today and to meet the people who are passionate about these

lighthouse.. Imagine being far from anywhere, but close to everything that's good for your heart and great for your soul. Fresh air. Incredible views. Nature around you. And the sea stretching out in front of you, vast, powerful and mysterious.

Visit www.greatlighthouses.com for more information.

National Parks

The Wild Atlantic Way is home to five of the six National

Parks in Ireland. These parks provides unique opportunities to interact with and observe some incredible wildlife, plant life and rare natural habitats. The five parks are Glenveagh National Park, Co. Donegal, Ballycroy National Park, Co. Mayo, Connemara National Park, Co. Galway, The Burren National Park, Co. Clare and Killarney National Park, Co. Kerry. These parks may vary in size dramatically in size and landscape. But they all have one thing in common - they're scenic wonders and

Visit www.npws.ie for more information.

havens for walkers.

Beaches Ireland's beaches bring together all the ingredients for an unforgettable holiday. Whether

you're looking for a quiet sandy spot or a famous surf break, the Wild Atlantic Way is the perfect place to experience the diversity of our coastline. Plus, many beaches along the coast have been

Whale and Dolphin Watching

Almost one third of the world's species of whales, dolphins and porpoises, collectively known as cetaceans, have been recorded in Irish waters. In 1991 the Irish government declared Irish waters a whale and dolphin sanctuary - the first of its kind in Europe – and the Wild Atlantic Way is at the very heart of Ireland's whale and dolphin sanctuary. Our waters are also among the best in the world for

sightings of the planet's second largest fish, the plankton feeding basking shark, which arrives n late spring but can be seen throughout the summer in settled waters.

Festivals

Some countries have seasons dedicated to festivals. The Wild Atlantic Way has an entire calendar. Kicking off in January and packing the months until December, festivals are in the hundreds, and know exactly how to catch our attention.

Some see international bands rocking exceptional outdoor venues. Others host traditional musicians in intimate pubs or on remote islands such as Valentia and

> Arranmore. Other events could see you on seafood safaris along the Wild Atlantic Way. One thing they all have in common? Fun!

> > pier

here's more to Ireland's west coast than sheer cliffs and sensational seascapes. All along the Atlantic, ou'll find coastal communities whose boats have bobbed on the ocean for centuries, who catch and produce seafood with passion and dedication, and whose chefs know a thing

or two about how to cook it. Prepare to taste the best seafood on the planet.

fishing ports and smokehouses. It's a route you can dip into or do in its entirety, an opportunity to explore Ireland's pristine oceans, to sample its food story, to enjoy an unforgettable taste of place on a plate. Seafood is where the Wild Atlantic Way meets Ireland's unique culture. It's about lobster and crab, salmon and mackerel, oysters and mussels plucked fresh from the heaving ocean. But it's also about the men and women who mix tradition and 21st century techniques to bring it from tide to table, to serve it just a few miles (or in some cases, just a few feet) from where it's caught. See the ocean. Meet the people. Feel the welcome. A taste of the Atlantic beckons, so bring an appetite... and your sense of adventure!

Visit www.wildatlanticway.com/highlights/taste-thewild-atlantic-way for more detailed information.

Traditional Music

If you like Irish music, maybe you already have a sense of the magic that awaits when you journey into the heart of traditional Irish music – the unique atmosphere of the live, local experience, the fusion of sounds and styles, old and new. You'll find the sounds of traditional music both mysterious and familiar, because the styles and rhythms of our folk songs, ballads, jigs or reels have found their way into almost every style of contemporary music. So whatever your tastes, you won't be disappointed: there really is something for everyone with a vibrant culture of traditional music, song and dance, concerts and pub sessions aplenty.

NORTHERN



Your Wild Atlantic Way Passport can be purchased at selected Post Offices and Tourist Information Offices (see lists overleaf).

CÚPLA FOCAL / A FEW WORDS

As you travel along the Wild Atlantic Way and through the Gaeltacht (Irish speaking) areas you'll notice the road signs are in Irish and, when you stop off, you'll hear the locals speak to each other 'as Gaeilge' (through Irish). The 'cúpla focal' (couple of words) below might be useful if you do want to exchange a few words.

For exact Gaeltacht locations please visit www.udaras.ie





DISCOVERY POINTS

Buy your Wild Atlantic Way Passport at any of the Post Offices and Tourist Information Offices listed. Having visited a Discovery Point identify one of the Post Offices holding that stamp from the tables shown and call to get your passport stamped. The Tourist Information Offices along the route also supply stamps - see overleaf for details.

NORTHERN HEADLANDS

EXPAND, YOUR MIND, BODY AND SOUL IN DONEGAL								
DISCOVERY POINT STAMP	POST	OFFICE	S					
Inishowen Head	1	2	3	4				
Magilligan Point View	1	2	3	4				
Kinnagoe Bay	1	2	3	4				
Culdaff Beach	3	4	5					
Malin Head	4	5	6					
Pollan Bay	5	6	7					
Gap of Mamore	6	7	8					
Dunree Head	6	7	8					
Lisfannon Beach	7	8	9					
Inch Island	8	9	10					
Manorcunningham View	9	10	11					
Ballymastocker Strand	10	11	12					
Cionn Fhánada	11	12	13					
Bá Bhaile Uí Thiarnáin	12	13	14					
Island Roy View	13	14	15					
Ros Goill	14	15	16					
Doe Castle View	15	16	17					
Marblehill	16	17	18					
Horn Head	16	17	18					
Cé Mhachaire Uí Rabhartaigh	18	19	20					
Inis Bó Finne	18	19	20					
Toraigh	18	19	21					
Cnoc Fola	18	20	22					
Cé an Bhuna Bhig	19	21	22					
Gabhla	21	22	23					
Trá na Carraige Finne	21	23	24					
Cé Ailt an Chorráin	23	24	25					
Inis Fraoigh	23	24	25					
Árainn Mhór	24	25	26					
Narin-Portnoo Strand	24	26	27					
Malaidh Ghleann Gheis	26	27	28					
Málainn Bhig	27	28	29					
Sliabh Liag	28	29	30					
Cionn Mhucrois	29	30	31					
Bá Fhionntrá	30	31	32					
Mountcharles Pier	31	32	33					
Murvagh Beach	32	33	34					
Rossnowlagh Beach	33	34	35	36				

Stamps are also available at the main Post Office in Letterkenny & Donegal Town and in the Tourist Information Offices in Letterkenny, Donegal Town & Westport (Co Mayo).

SURF COAST

WIND AND WAVES OUT WEST							
DISCOVERY POINT STAMP	POST	ST OFFICES					
Tullan Strand	34	35	36	37			
Mullaghmore Head	35	36	37	38			
Streedagh Beach	37	38	39				
Rosses Point Beach	38	39	40				
Strandhill Beach	39	40	41				
Aughris Head	40	41	42				
Easky Pier	41	42	43				
Inishcrone Pier	42	43	44				
Ballina Quay	43	44	45				
Killala Quay	44	45	46				
Lackan Strand	45	46	47				
Downpatrick Head	46	47	48				
Céide	46	47	48				
An Bhinn Bhuí	47	48	49				
Ceann Iorrais	48	49	51				
Dún na mBó	48	49	51				
Ceann an Eanaigh	48	49	51				
Trá Oilí	49	50	51				
An Fál Mór	49	50	51				
An Fód Dubh	49	50	51				
Oileán Chloigeann	49	51	52				
An Ceann Ramhar	51	52	53				

Stamps are also available at the main Post Office in Sligo Town & Ballina and in the Tourist Information Offices in Sligo Town & Westport (Co Mayo).

BAY COAST

DAT COAST				
N OPEN AIR PLAYGROUND				
DISCOVERY POINT STAMP	POS	T OFFIC	ES	
Doran's Point	52	53	54	
nis Bigil	52	53	54	
Claggan	53	54	55	
Dumhach Bheag	53	54	55	
Spanish Armada Viewpoint	53	54	55	
An Chéibh Bheag	54	55	59	
Cuan na hAisléime	54	55	56	
Trá Dhumha Goirt	54	55	56	
Keel Strand	54	55	56	
Keem Bay	54	55	56	
Croagh Patrick View	57	58	60	
Old Head	57	58	60	
Roonagh Pier	58	59	60	
Clare Island	58	59	60	
nishturk	58	59	60	
Carrownisky Strand	58	60	61	
Silver Strand	58	60	61	
Doolough Valley	58	60	61	
Aasleagh Falls	58	60	61	
Killary Harbour	58	60	61	
slands View	60	61	62	
Cleggan Harbour	61	62	63	
nishbofin	62	63	64	
Omey Island	62	63	64	
Sky Road	62	64	65	
Derrigimlagh	62	64	65	
Bunowen Bay	64	65	66	
Port na Feadóige	65	66	67	68
Glinsce	66	67	68	69
Teach an Phiarsaigh	67	68	69	70
Droichead Charraig an Logáin	69	70	71	
Trá an Dóilín	70	71	72	
Calafort Ros an Mhíl	71	72	76	7.0
nis Oírr	73	74	75	76
nis Meáin	73	74	75	76
nis Mór	73	74	75	76
Céibh Bhaile na hAbhann	72	76	77	
Aerfort Réigiúnach Chonamara	72	76	77	
Seanchéibh an Spidéil	76	77	78	
Trá na gCeann	77	78	79	
Salthill Promenade Rinville Park	78	79	80	
	79	80	81	
Traught Beach	80	81	82	

CLIFF COAST

BEAUTY AND TRADITION, FROM GALWAY THROUGH TO NORTH KERRY

DISCOVERY POINT STAMP POST OFFICES Flaggy Shore 81 82 83 Ballyvaughan Pier 81 82 83 Murrooghtoohy 82 83 84 Fanore Beach 82 83 84 Doolin Pier 83 84 85 Cliffs of Moher 84 85 86 Cliffs of Moher 84 85 86 Clahane 84 85 86 Lehinch Beach 84 85 86 Spanish Point 85 86 87 Doughmore Bay 86 87 88 Kilkee Cliffs 87 88 89 Bridges of Ross 88 89 90 Loop Head 88 89 90 Carrigaholt Bay 88 89 90 Kilrush Marina 89 90 91 Cappagh Pier 89 90 91 Scattery Island 89 90	NORTH KERRY								
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Fenit Harbour 96 97 98		95	96	97					
30 3, 30		96	97	98					
Samphire Island 96 97 98	Fenit Harbour	96	97	98					
Stamps are also available at the main Bost Office in Ennis	·		-						

Stamps are also available at the main Post Office in Ennis, Shannon, Limerick City & Tralee and also in the Tourist Information Offices in Westport (Co Mayo), Ennis, Limerick City & Tralee.

SOUTHERN PENNINSULA

300 I HEKIN PEINI	AIIAO	UL/	١.	
THAT-EDGE-OF-THE-WORLD FE	EELING			
DISCOVERY POINT STAMP	POST	OFFIC	ES	
Castlegregory Beach	98	99	101	
Srón Bhroin	99	100	101	
An Chonair	99	100	101	
Ceann Sléibhe	99	100	101	
Radharc na mBlascaodaí	99	100	101	
Cé Dhún Chaoin	99	100	101	
An Blascaod Mór	99	100	101	
Ionad an Bhlascaoid Mhóir	99	100	101	
Cuan an Daingin	100	101	102	
Inch Strand	101	102	103	
Rossbeigh Strand	102	103	104	
Mountain Stage	102	103	104	
Bray Head	103	104	105	
Geokaun Mountain	103	104	105	
Portmagee Harbour	103	104	105	
Skellig Michael	103	104	105	
Kerry Cliffs	103	104	105	
Coomanaspic	103	104	105	
Cé Bhaile an Sceilg	104	105	106	
Bá na Scealg	104	105	106	
Com an Chiste	105	106	107	
Cé Bhun an Bhaile	105	106	107	1
Derrynane House	106	107	108	1
Kilmakilloge	107	109	110	1
Kenmare River View	109	110	111	1
Dooneen	111	112	113	
Dursey Sound	111	112	113	
Dursey Island	111	112	113	
Gour	112	113	114	
Castletownbere Harbour	113	114	115	
Pontoon Pier	113	114	115	
Bere Island	113	114	115	
Whiddy Island View	113	115	116	
Glengarriff Harbour	113	115	116	
Blue Pool	113	115	116	
Garinish Island	113	115	116	
Bantry Harbour	115	116	117	
Whiddy Island	115	116	117	
Seefin Viewpoint	116	117	119	
Sheep's Head	116	117	119	
Altar	118	119	120	
Barley Cove	118	119	120	
Mizen Head	118	119	120	
Schull Harbour	118	119	120	
Colla Pier	118	119	120	
Long Island	118	119	120	
	110	115	120	

Stamps are also available at the main Post Office in Killarney and in the Tourist Information Offices in Westport (Co Mayo) Dingle & Killarney.

HAVEN COAST

NATURE SETS THE PACE				
DISCOVERY POINT STAMP	POST	OFFIC	ES	
Cléire	119	120	121	
Sherkin Island	119	120	121	
Heir Island	119	120	121	
Cunnamore Pier	119	120	121	
Baltimore Harbour	119	120	121	
Inishbeg	120	121	123	
Lough Hyne	120	121	123	
Toe Head Bay	120	121	122	12
Galley Head	120	121	122	12
Inchydoney Beach	123	124	125	
Timoleague Abbey	124	125	126	
Old Head of Kinsale	125	126	127	
			C I	1.41.

Stamps are also available at the main Post Office in Clonakilt Kinsale & Cork City and in the Tourist Information Offices in Westport (Co Mayo), Clonakilty, Kinsale & Cork City.

POST OFFICES

1 2 3 4 5 6 7 8 9 10 11	Muff Moville Greencastle Culdaff Malin Head Ballyliffin Dunaff Buncrana Burnfoot Manorcunningham Rossnakill Ballylar	19 20 21 22 23 24 25 26 27 28 29 30	Bunbeg Derrybeg Annagry Burtonport Arranmore Island Portnoo Ardara Glencolmcille Carrick	37 38 39 40 41 42 43 44 45 46 47 48	Cliffoney Grange Sligo Rosses Point Strandhill Dromard Easkey Inniscrone Ardnaree Killala Carrowmore-Lacken Ballycastle Carrowteige	55 56 57 58 59 60 61 62 63 64 65 66	Inishbofin	73 74 75 76 77 78 79 80 81 82 83 84	Inishere Inishmaan Kilronan Ballynahown Spiddal Barna Salthill Oranmore Kinvara Ballyvaughan Craggagh Lisdoonvarna	100 101	Tarbert Foynes Ballylongford Asdee Ballybunion Ballyheigue Ardfert Tralee Castlegregory Ventry Dingle Annascaul	110 111 112 113 114 115 116 117 118 119 120	Kenmare Ardgroom Eyeries Allihies Castletownbere Rerrin Glengarriff Bantry Kilcrohane Goleen Schull Ballydehob Skibbereen
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13	Kindrum	31	Killybegs	49	Belmullet	67	Carna	85	Lahinch		Glenbeigh		Skibbereen Leap
14	Carrigart	32	Mountcharles	50	Clogher	68	Kilkieran	86	Miltown Malbay	104	Portmagee		Castlefreke
15	Downings	33	Ballintra	51	Bunnahowen	69	Rosmuck	87	Doonbeg		Ballinskelligs		Clonakilty
16	Creeslough	34	Rossnowlagh	52	Geesala	70	Lettermore	88	Kilkee		Waterville	125	Timoleague
17	Dubfanaghy	35	Ballyshannon	53	Ballycroy	71	Carraroe	89	Carrigaholt		Castlecove		Ballinspittle
18	Gortahork	36	Bundoran	54	Mulrany	72	Costelloe	90	Kilrush	108	Sneem	127	Kincalo

